

Housekeeping & Disclosures



Each session will be recorded and posted to the publicly-facing ACS ECHO website, <https://echo.cancer.org>



Use the buttons in the *black* menu bar to unmute your line and to turn on your video.



Remember: Do **NOT** share any personal health information (PHI) about any patient.



Questions about Zoom? Type in the chat box **@Mindi Odom**

LGBTQ+ and Cancer Care Through the Primary Care Lens ECHO



Session 9 **Minority Stress and Cancer** **Disparities**

Friday, July 11, 2025
12:00 PM – 1:00 PM EST



Have a question? Don't wait to ask! Feel free to enter in the Chat at any time.

LGBTQ+ and Cancer Care Through the Primary Care Lens ECHO

Minority Stress and Cancer Disparities



Agenda Item	Moderator/Presenters	Time
Welcome & Introductions	Mindi Odom	5 minutes
Didactic & Discussion	Shannon Kozlovich, PhD Just KozS LLC	20 minutes
Group Discussion	All	10 minutes
Wrap-Up	Mindi Odom	5 minutes

ECHO Hub Team

Subject Matter Experts (SMEs)



Shannon Kozlovich, PhD

Founder & CEO
Just KozS LLC



Ursula Martinez, PhD (She/Her)

Assistant Professor, Family and
Preventive Medicine
University of Utah



**Corey Prachniak, J.D.,
M.P.H.**

No or any pronouns
Independent Consultant
ECHO Facilitator



Latonya Riddle-Jones, MD, MPH (She/Her)

Karmanos Cancer Institute | Wayne State
University
Associate Professor, Department of Internal Med.
Associate Director - Diversity, Equity and Inclusion



David Russo, MBA

Executive Director
Cheeky Charity



Juan Carlos Vega, MLS

Community Engagement Specialist
Alliance Pro LGBTTTQ+ Health of
Puerto Rico

Minority Stress and Cancer Disparities

SHANNON KOZLOVICH, PHD (SHE/HER)

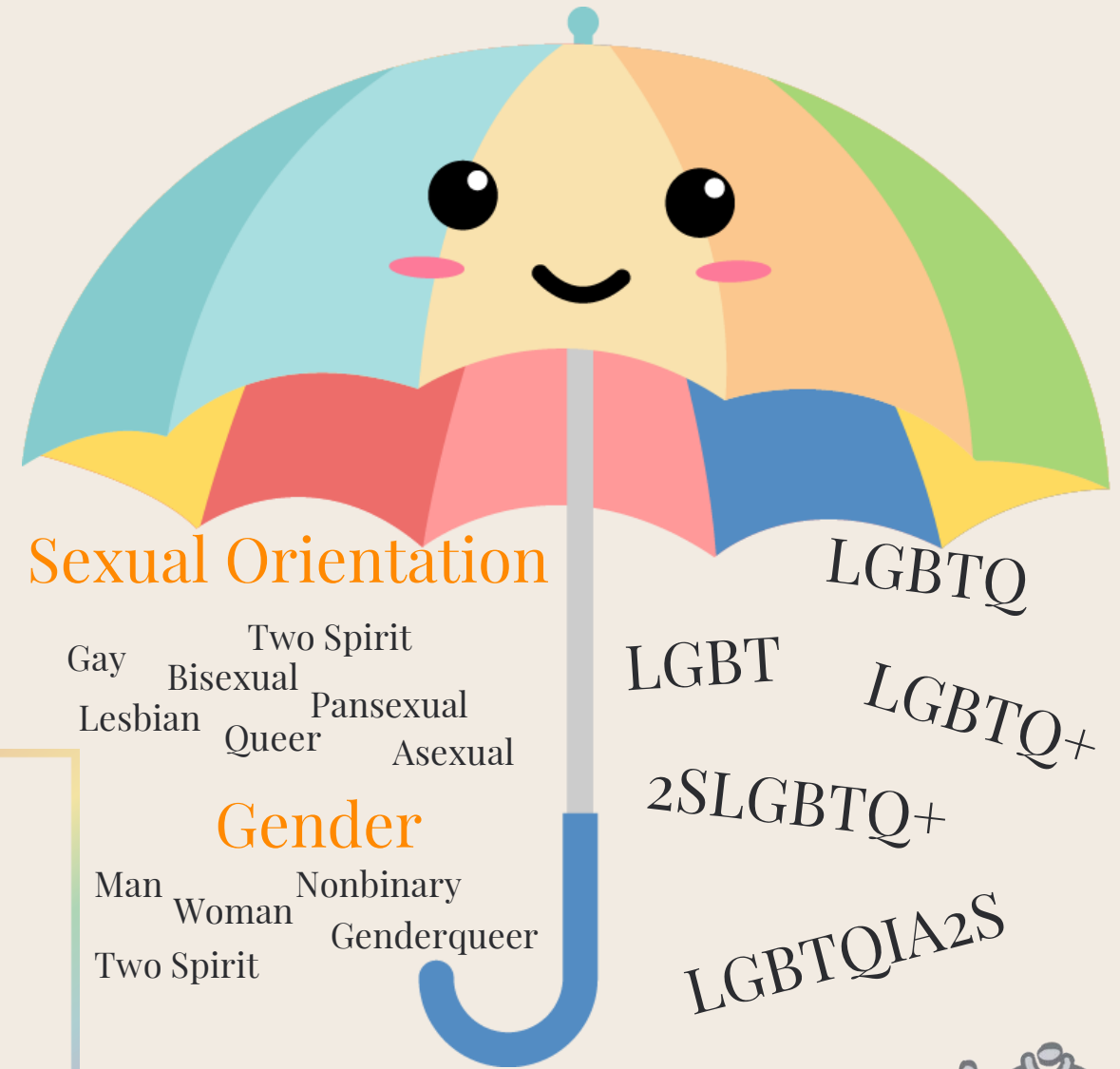
JUST KOZS
DATA EQUITY IS HEALTH EQUITY



Language Matters



LGBTQ+ is an Umbrella Term



THE ACRONYM

LGBTQ+ is the acronym folks in most queer communities see themselves in.

SGM (sexual and gender minorities) is a term selected by funders and researchers to study or impact LGBTQ+ communities. Use should be limited to “as needed” for funder reports.



LANGUAGE MATTERS

Sex is a medical/societal designation placed on people at birth based on the appearance of external genitalia or their chromosomes (in humans, various combinations of X and Y). The terms for sex are usually Male (M), Female (F) and nonbinary (X). Biologically, sex is not binary, nor are sexual characteristics.

Gender is a person's inner most concept of self as a man, woman, both, neither, or somewhere in between. The terms for gender have greater variety: woman/girl, man/boy, nonbinary, gender queer, gender fluid, etc.



LANGUAGE MATTERS

Cisgender

Sex and Gender
are aligned

Transgender & Nonbinary

Sex and Gender are
not aligned

Nonbinary

Genderqueer
Agender Bigender
Genderfluid
& More

**Not all nonbinary folks
consider themselves
transgender

Binary

Transgender Man
Transgender
Woman

Transgender and **cisgender** are
adjectives placed on a gender tern
such as cisgender woman,
transgender man, transgender
nonbinary etc.

Transgender women are women
Transgender men are men



LANGUAGE MATTERS

“Trans” and “Transgender” are adjectives!

- So say “he is a trans man,” or “they are trans”
- Do NOT say “he is a transgender” or “transgendered”

Mirror language!

- If someone refers to themselves as “queer,” you should too!
- Unsure how to refer to someone? Ask!

Focus on body parts, not gender!

- Breast/chest; “people with prostates”

Remember the acronym!

- Refer to our larger community as LGBTQI+ rather than just “gay and lesbian people”
- Google is free, but not always accurate. Partner with local LGBTQI+ organizations



LANGUAGE MATTERS

“My pronouns are ...”

- My ~~preferred~~ pronouns...
- Pronouns are used to reflect who are person is. They are not a preference.

The use of **gender-neutral pronouns** is growing

- They/Them is the most common
- Practice
- Ensure this is an option for folks to choose in your system

Unsure about someone's pronouns? Ask!

- It is ok for some to not answer you

Flub it? Correct and **move on**



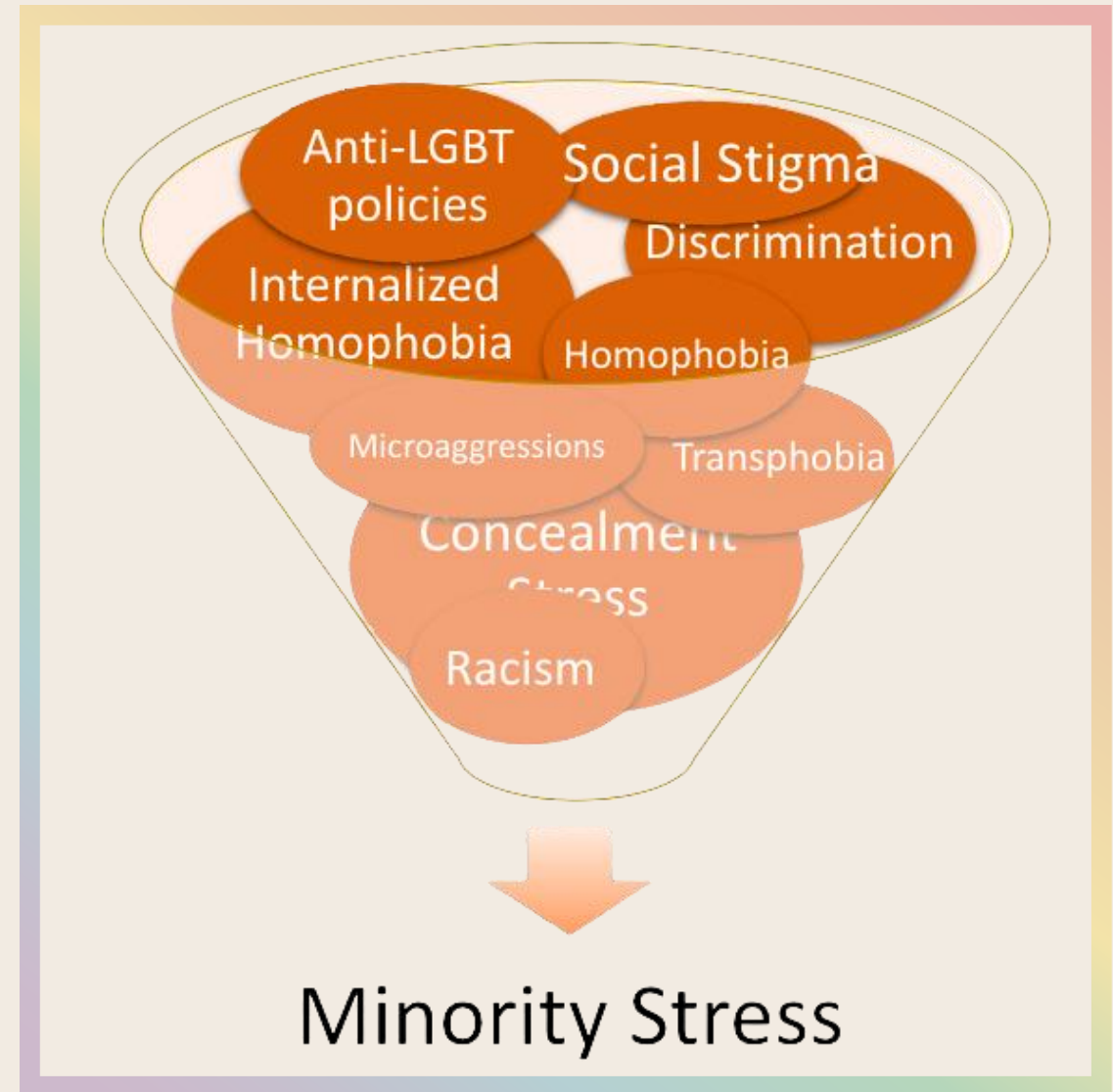
Minority Stress



MINORITY STRESS

Mental and emotional strain that marginalized groups experience due to prejudice, discrimination, or racism which can include:

- **Internalized Stigma**
- **Social Stressors**
- **Discrimination**



Political Drivers of Health

Health is impacted by power groups, institutional policy and processes, interests, and ideological positions held within political systems and cultures across various levels of governance.

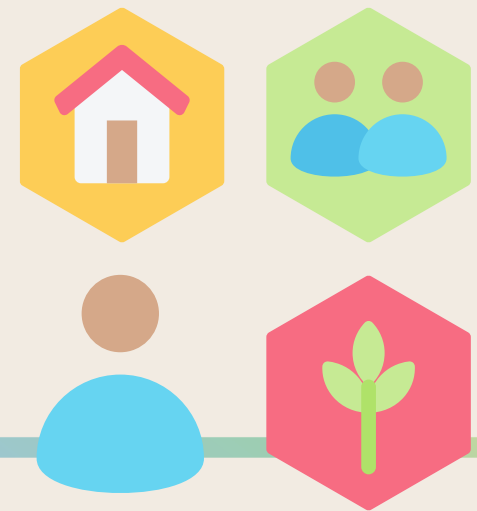
Example:
SOGI data collection



Social Drivers of Health

Health and quality of life are determined by the conditions within the environments where people are born, work, learn, play, worship, and age.

Example:
Language



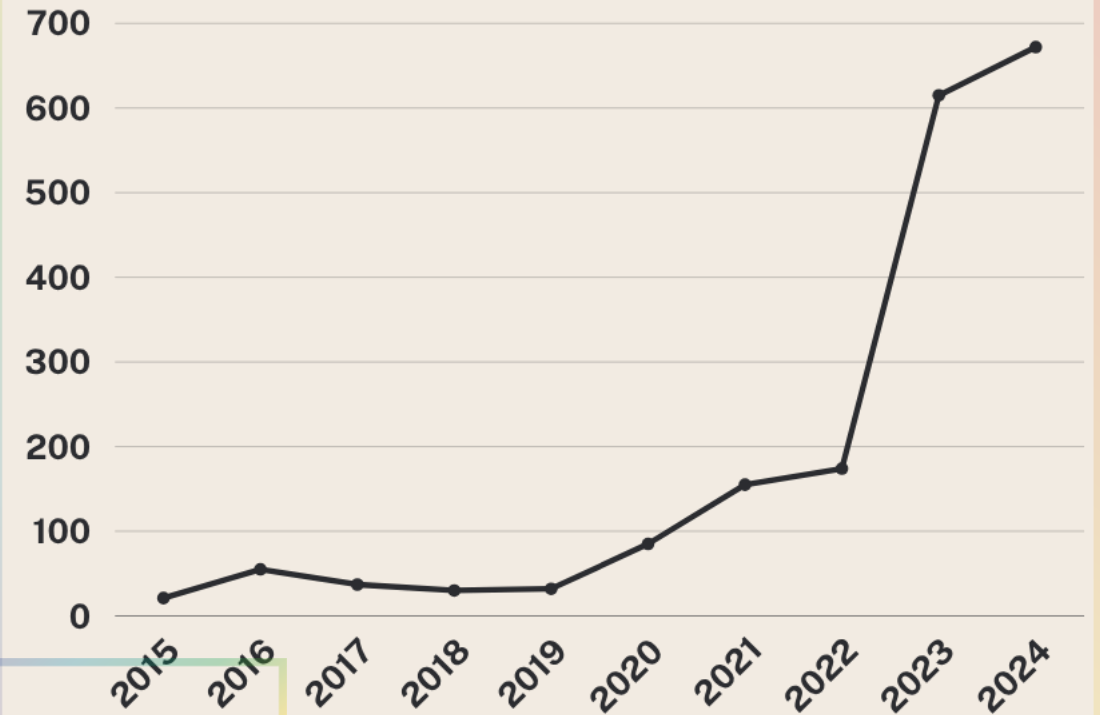
WE ARE UNDER ATTACK

2025 is on track to be another record breaking year with

598 bills across 49 states

There has been an increase in political attacks targeted at our communities with a vast majority being anti-transgender legislation

Anti-LGBT Bills Over Time



LGBTQ+ COMMUNITIES BY THE NUMBERS

9.3%
Nationwide

42%
*racial/ethnic
minorities*

25%
of Gen Z adults

Transgender Communities

1.3%
Nationwide

71%
*report gender-
based
discrimination*



Impacts of Discrimination on Cancer



IMPACT OF SYSTEMIC DISCRIMINATION AND OPPRESSION

Cancer Prevention

Increased risk factors related to minority stress such as, increased alcohol and tobacco use.

Cancer Detection

Medical mistrust from discrimination faced in medical settings leads to an avoidance of care. Like many other minoritized groups, LGBTQ+ folks will often have cancer detected at more advanced stages.

Cancer Diagnosis

Limited SOGI+ data inclusion throughout the cancer continuum, including research, slows the progress of research into inclusive diagnostic protocols. A lack of provider trainings or LGBTQ+ competency can further impair diagnosis timelines.

Cancer Treatment

Research gaps, gender-based and heteronormative clinical guidelines, a lack of tailored resources, and low social support limits treatment options and may extend treatment timelines or access.

Survivorship

Everything that leads to survivorship all contributes to a worse quality of life for those who are living through and living after the fight with cancer.



WHAT CAN WE DO ABOUT IT?

- Advocate for change
- Attend future trainings
- Ask questions!
- Talk to your employer about the importance of SOGI data collection
- Develop your understanding of Invisible communities
- Get comfortable with LGBTQ+ Language



Thank you!

FOR SHARING SPACE WITH US TODAY



Group Discussion

What would you like to learn more about in future sessions?

- Behavioral health interventions that are effective in whether a person is ready for a gender transition or not and how to support the person who is considering a transition
- More pitfalls of automation. How do we ensure patients are machine identified?
- Was excited to learn more about PLWH/A and Cancer Risk from experts, would love to receive supplemental materials from SME on the topic.

Survey Time!

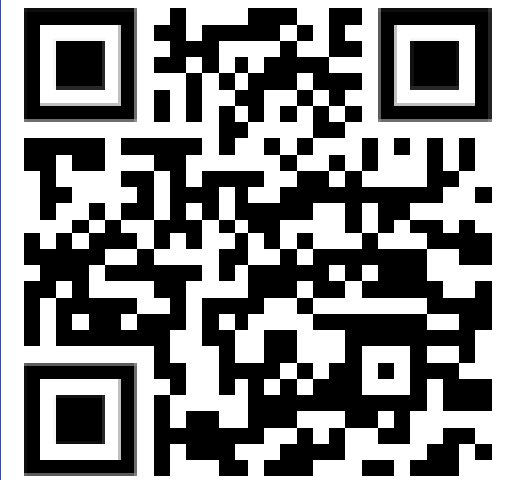
Participants *Only*



Session 9 Slides, Recordings, & Resources will be made available within one week on the [ACS ECHO Website](#).



Take it now! Survey closes next Friday, July 18th



Interested in launching your own ECHO program? As a licensed Superhub, ACS can support you.

Contact us to learn more at echo.cancer.org

Contact: Rish O'Brien at
Rishika.Obrien@cancer.org

LGBTQ+ and Cancer Care Through the Primary Care Lens ECHO

This ECHO Program is made possible by:



Questions?

Post-Program Survey



ECHO Resources

[ACS ECHO Website](#)

[ACS iECHO Support](#)

[ACS Website](#)

[Project ECHO: Changing the World Fast – Video](#)

