

### Welcome!

Before we begin...

Today's session will be recorded

Please add your name and organization in the chat







Thursday, March 28, 2024 • 12:00 - 1:15 PM MST

### Improving Colorectal Cancer Screening Rates in AZ – The Community Health Worker's Role ECHO

**Session 3: CRC Screening Modalities** 

### Welcome to Session 3 of the





# Improving CRC Screening Rates in AZ – The CHW's Role ECHO



Each ECHO session will be recorded and *may* be posted to a publicly-facing website



You will be muted with your video turned off when you join the call. Use the buttons in the *black* menu bar to unmute your line and to turn on your video. **If you do not wish to have your image recorded, please turn <u>OFF</u> the video option.** 



Today's materials will be made available on our ACS ECHO website.



Please type your full name, the full name of your organization, and e-mail in the chat box



This ECHO session takes place on Zoom through UNM's iECHO platform. To review Zoom's privacy policy, please visit zoom.us/privacy



Questions about Zoom? Type in the chat box @Mindi Odom or @Beth Graham

### This project is funded by





CEOs Against Cancer® Arizona Chapter





### **Your ECHO Support Team**



**Veronica Venturini, MPH ECHO Lead**Associate Director, Cancer Center
Partnerships



**Beth Graham, MPH, CHES**Program Manager, Project ECHO



Anna Alonzo
ECHO Facilitator
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Cancer Center Community
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**Jennifer McBride, PhD** Senior Data & Evaluation Manager



**Mindi Odom**Director, Project ECHO
Your ECHO Co-Lead



**Sarah Wienke, MPH** Associate Director, Community Partnerships

### **Introductions**





## Meet Our Improving CRC Screening Rates in AZ – The CHW's Role ECHO HUB Subject Matter Experts (SMEs)



John Molina, MD, JD
Director
Arizona Advisory Council on Indian
Health Care



Patty B Molina, MPH
Senior Director of Community Health
Services
Mariposa Community Health Center



Kristin Burns, LPC
Clinical Provider Trainer
Arizona Complete Health



Lorena Verdugo
Community Health Advisor
El Rio Community Health Center





Have a question? Don't wait to ask! Feel free to enter it in the chat box at any time.







Anna Alonzo
Co-Chair, University of Arizona
Cancer Center Community
Outreach

# Improving CRC Screening in AZ – The CHW's Role ECHO

**FACILITATOR** 









**Didactic: CRC Screening Modalities** 

Patty B. Molina, MPH
Senior Director of Community Health
Services
Mariposa Community Health Center

"A little progress each day adds up to big results".

### **Conflict of Interest**



- Disclaimer
  - No conflict of interest exists

### **Learning objectives**





What are the Screening guidelines.

Help determining the right test.

Things to consider with each test.

### **Colorectal Cancer Screening Choosing the Right Test**





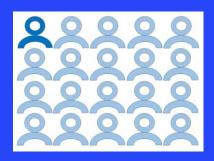
Are you

45-75

Years old? Time to get screened for colorectal cancer.



9 out of 10 People survive colorectal cancer when testing happens early.



1 in 20 People in the US are diagnosed with colorectal cancer in their lifetime.





FIT
Cologuard
Colonoscopygold standard for
screening











### FIT - Fecal Immunochemical Test



- Checks for blood in your stool
- At home test
- No prep needed
- Uses a water sample from your stool
- Mail the test to the lab or return to your provider
- Every year if the test result is normal
- Things to consider?

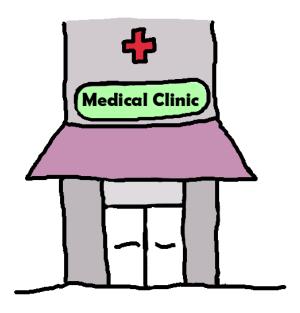




- Checks your stool for blood DNA that is not normal
- At home test-no prep needed
- Delivered to your door
- Collect stool sample
- Mail the kit to the lab
- Every 3 years if test result is normal
- Things to consider?

### Colonoscopy – Gold standard in screening

- Checks for polyps (small growths) in your colon that can become cancer
- Out-patient procedure
- Prep needed- you must clear your colon by using a laxative before the test
- Your provider will refer you to a trusted specialist near you
- Every 10 years if finding are normal
- Things to consider?







# Thankayou





# Open Discussion: Questions & Answers









Lizzie Garcia, BA
Health Promotion and Disease Prevention
Manager
Community Health Services | MCHC

# **Session 3 Scenario Presentation**

### **Session 3 Scenario**

### Provided by: Lizzie Garcia Focus: Patient-related



#### **Patient History**

- 73-year-old Hispanic male
- Type 1 diabetes, had a CGM,
- Wasn't taking good care of himself.
- Cologuard screening was positive.
- Went in for a colonoscopy, 4
   polyps ranging from 2mm to
   8mm were found and removed.
- No cancer found.
- He has diverticulitis and hemorrhoids.

### **Barriers/Challenges**

MA told the patient he was positive, so the patient and his wife were scared/cried.

Manager of clinical pharmacy intervened and explained that the result meant he needed further testing/colonoscopy.

#### **Lessons Learned**

- MCHC policy changed to serve all eligible patients.
- Only medical providers will give positive results.
- Patient was referred to MCHC
   Care Coordination team to help
   manage case.
- Wife decided to get screened also.

### **Session 3 Scenario**

**Provided by: Lizzie Garcia** 

Focus: Patient-related



#### **Discussion & Question**

- 1) Why is it important for medical providers to give results?
- 2) Is the role of a CHW or Care Coordination team beneficial in a patient's case?

#### **Lessons Learned**

- MCHC policy changed to serve all eligible patients.
- Only medical providers will give positive results.
- Patient was referred to MCHC Care Coordination team to help manage case.
- Wife decided to get screened also.





# What's Next?

### **ECHO Participation Post-Session Survey**



**Post-Session 3 Survey** 



#### How to Use a QR Code



- 1. **Turn on** your phone camera
- 2. Aim the camera at the code
- 3. A link will show up
- 4. **Tap** the link to go to the survey

### Reminders



**Slides, Recordings, and Resources** will be made available within one week. All resources will be available on the <u>ACS ECHO Website</u>.



Do you have **Session 4** on your calendar?

**April 18, 2024** 

12:00-1:15 PM MST

**Topic:** The Role of a CHW in CRC Screening **Didactic Presenter: Patty Molina, MPH**Senior Director of Community Health Services **Mariposa Community Health Center** 

Scenario Presenter Needed – sign up now!







# Thankyou

**Post-Session 3 Survey** 



**Survey QR Code**