

Welcome!

Before we begin...

**Today's session will
be recorded**

**Please add your name
and hospital in the
chat**





Monday, November 6th • 11:30 am CST/12:30 pm EST

Health Equity & Caregiving: Meeting the Needs of African American/Black Caregivers ECHO

Session 6:

Practicing Cultural Humility While Providing Support

Today's Agenda



1 **Housekeeping, Agenda Preview, and Introductions**

10 minutes

2 **Didactic Lecture:** Practicing Cultural Humility While Providing Support to African American/Black Caregivers

Katrina Ellis, PhD, MPH, MSW

University of Michigan

10 minutes

3 **Didactic Q/A**

10 minutes

4 **Case Presentation: Our Lady of the Lake, Baton Rouge, LA** **Jasmine Nicole Jackson Spearman, NP**

5 minutes

5 **Case Presentation Recommendations and Discussion**

15 minutes

6 **Post Session Poll & Wrap Up**

10 minutes

Welcome to Session 6:

Health Equity & Caregiving: Meeting the Needs of African American/Black Caregivers ECHO



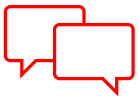
Each ECHO session will be recorded and **may** be posted to a publicly-facing website



You will be muted with your video turned off when you join the call. Use the buttons in the *black* menu bar to unmute your line and to turn on your video. **If you do not wish to have your image recorded, please turn OFF the video option.**



Today's materials will be made available on our [ACS ECHO website](#)



Please type your full name, the full name of your organization, and e-mail in the chat box



This ECHO session takes place on the Zoom platform. Click [here](#) to review Zoom's privacy policy.



Questions about Zoom? Type in the chat box [@Beth Graham](#)

This project is funded by EMD Serono



embracing carers

Introductions

Meet Our Health Equity & Caregiving: Meeting the Needs of African American/Black Caregivers ECHO HUB



Rachel Cannady
Strategic Director, Caregiving,
American Cancer Society
ACS ECHO Program Lead



Siobhan Aaron,
PhD, MBA, RN, FNP-BC
Assistant Professor,
Frances Payne Bolton
School of Nursing
Case Western Reserve
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ECHO Facilitator



Mindi Odom
American Cancer Society
Director, Project ECHO



Beth Graham,
MPH, CHES
American Cancer Society
Program Manager,
Project ECHO



Allison Rosen, MS
American Cancer Society
Director, Project ECHO



Beth Dickson-Gavney,
MS, MA
American Cancer Society
Senior Director, Project ECHO

Introductions

Meet Our Health Equity & Caregiving: Meeting the Needs of African American/Black Caregivers ECHO HUB Subject Matter Experts (SMEs)



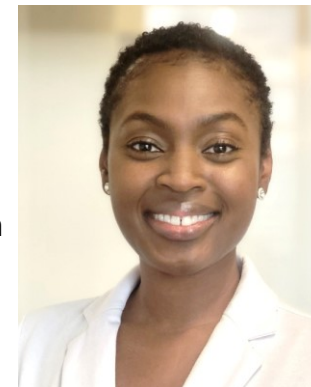
Robert A. Winn, MD

Director and Lipman Chair in Oncology, Sr. Assoc. Dean for Cancer Innovation and Prof. of Pulmonary Disease and Critical Care Medicine
VCU Massey Cancer Center



Joseph E. Ravenell, MD

Assoc. Dean for Diversity Affairs and Inclusion, Director, Diversity in Research, Perlmutter Cancer Center, Assoc. Prof., Dept. of Pop. Health
NYU Langone Health



Olufunke Awosogba, PhD

Asst. Prof. and Vice Chair of Diversity, Equity, and Inclusion in Dept. of Psychiatry, Director, Behavioral Health Program in Hem/Onc Outpatient Clinic Parkland Hospital
UT Southwestern Medical Center



Fawn Cothran, PhD, RN, GCNS-BC, FGSA

Hunt Research Director
National Alliance for Caregiving



Cardinale B. Smith, MD, PhD

Prof. of Medicine (Hem/Onc) and Prof. of Geriatrics and Palliative Medicine, Chief Medical Officer – Tisch Cancer Hospital
Icahn School of Medicine at Mount Sinai



Katrina R. Ellis, PhD, MPH, MSW

Asst. Prof. Social Work and Faculty Assoc., Research Center for Group Dynamics, Institute for Social Research
University of Michigan









Siobhan Aaron,
PhD, MBA, RN, FNP-BC
Assistant Professor, Frances Payne
Bolton School of Nursing

Session 6

ECHO Subject Matter Expert (SME) & Participant Site Introductions

Welcome to our Participant Learning Sites

ALABAMA	GEORGIA	LOUISIANA	MISSISSIPPI	SOUTH CAROLINA	VIRGINIA
Infirmity Cancer Care	Northside Hospital Cancer Institute	Our Lady of the Lake Cancer Institute	Singing River Health System Cancer Center	Beaufort Memorial Keyserling Cancer Center	Sentara Healthcare
O'Neal Comprehensive Cancer Center at the University of Alabama at Birmingham – Wallace Tumor Institute	Phoebe Cancer Center	Woman's & Mary Bird Perkins – Our Lady of the Lake Cancer Center Breast & GYN Cancer Pavilion	St. Dominic's Comprehensive Cancer Services	Prisma Health Cancer Institute	VCU Massey Cancer Center
					



Have a question? Don't wait to ask! Feel free to enter it in the Q&A box at any time.



Practicing Cultural Humility While Providing Support

Katrina R. Ellis, PhD, MPH, MSW

Asst. Prof. Social Work and Faculty Assoc., Research Center
for Group Dynamics, Institute for Social Research
University of Michigan

Objectives

- Define cultural humility and describe how it differs from cultural competence
- Identify key elements of cultural humility and why it is important for work with African American cancer caregivers
- Provide strategies individuals and organizations can use to practice cultural humility

Cultural Humility

- Commitment and active engagement in a lifelong process that individuals enter into on an ongoing basis with others (patients, communities, colleagues) and with oneself
- Allows for the fluidity and subjectivity of culture
- Challenges individuals and institutions to address inequities



Melanie Tervalon, MD



Jann Murray-Garcia, MD, MPH



Surface & Deep Culture

- Endpoint
- Knowledge of “other”
- Increased individual knowledge and awareness

- Lifelong
- Intersecting layers of identity; understanding of others *and ourselves*
- Individual and organizational action and responsibility

Culture Competency

Cultural Humility

3 Dimensions of Cultural Humility



Lifelong learning and critical self-reflection



Recognizing and redressing power imbalances



Institutional accountability

Support African American cancer caregivers by engaging in lifelong learning and critical self-reflection



Image credit: Getty Images



Support African
American cancer
caregivers by
recognizing and
challenging
power
imbalances

Image source: UChicagoMedicine

Support African American cancer caregivers by holding institutions accountable



Individual-Level Questions

...for critical self reflection

- How do my cultural identities shape my worldview in relation to African American caregivers?
- How much do I value input from African American caregivers?

...to address power imbalances

- What experiences are African American caregivers having that are related to oppression and larger systemic issues?
- How do my own behaviors actively challenge power imbalances African American caregivers may experience?

Institutional–Level Questions

...for critical self reflection

- How can our organization's culture better encourage respectful, substantive discussions about improving the support we provide to African American caregivers?
- Do our processes allow us to apply lessons learned about providing more effective caregiver support?

...to address power imbalances

- How do we engage with the African American community to ensure African American voices are embedded our work?
- What organizational structures do we have that support action to monitor and improve health equity in cancer care?



Each one, teach one ▪ Safe space ▪ Brave space



**Questions?
Please come off mute**



Session 6

Case Presentation

Our Lady of the Lake Cancer Institute

Jasmine Nicole Jackson Spearman, NP
Oncology Nurse Practitioner

Session 6 Case Study

Provided by: Jasmine Nicole Jackson Spearman, NP
Our Lady of the Lake

Patient Hx

- 64 y/o female-widow
- Adult son is her caregiver
- 2011 – diagnosed with granulosa cell tumor of the ovary in Nigeria
- 2019 – moved to the U.S. near her son
- Cancer recurrences: 2019 & 2020

Key Elements

- Did not tolerate cancer treatments well
- Mistrust of previously local physician in Nigeria
- Financial assistance needed once arrived in the U.S.
- Son struggling to work while providing care to his mother

Barriers/Challenges

- Lost trust with Nigerian physicians and felt that she was not heard or listened to therefore brought to the U.S. and cared for by her son.
- Embarrassment due to lack of finances to cover tx.
- No available financial assistance or proper direction of who to contact.
- Son struggling to help his mother while trying to continue working.
- Could not tolerate chemotherapy treatments.

Session 6 Case Study

Provided by: Jasmine Nicole Jackson Spearman, NP

Our Lady of the Lake

Focus: Patient/Caregiver

Discussion & Questions

Caregiver – What are some best practices for oncology-specific financial assistance to help alleviate caregiver burden?

Patient/Caregiver – What are some suggested improvements in identifying severely misguided populations and therefore prioritizing their importance?

Barriers/Challenges

- Lost trust with Nigerian physicians and felt that she was not heard or listened to therefore brought to the U.S. and cared for by her son.
- Embarrassment
- No assistance with finance nor proper direction of who to contact
- Son struggling to help his mother while trying to continue working
- Could not tolerate chemotherapy treatments



Wrap up

Learning Objectives

ECHO PROGRAM GOAL: Educate participants on the unique needs of African American/Black Caregivers



- 1 **Define and demonstrate** knowledge of health equity, health inequalities, and social determinants of health in the context of cancer caregiving
- 2 **Mobilize leaders** in healthcare to engage in policy, systems, and environmental change activities in support of health equity and caregiving; and
- 3 **Leverage partnerships** (locally or state-wide/ across-state) and collaborations to advance health equity and caregiving.

Date	Topic	Presenters
June 9	<i>How Social Drivers of Health Impact Caregiving</i>	<p><u>Didactic</u>: Robert Winn, MD VCU Massey Comprehensive Cancer Center <u>Case Study</u>: Andrea Sledd, LCSW VCU Massey Comprehensive Cancer Center</p>
July 7	<i>Part I: Medical Mistrust – Historical Examples & its Relation to Health Equity</i>	<p><u>Didactic</u>: Joseph Ravenell, MD NYU Langone Health <u>Case Study</u>: Demetrice Land, BSRN Northside Hospital Cancer Institute</p>
August 14	<i>Part II: Medical Mistrust – How to Address it in Your Health System</i>	<p><u>Didactic</u>: Olufunke Awosogba, PhD UT Southwestern Medical Center/Parkland Hospital <u>Case Study</u>: Elana Campbell, MSW, LCSW, OSW-C Sentara Norfolk General Hospital</p>
September 11	<i>Mental Health & Caregiving</i>	<p><u>Didactic</u>: Fawn Cothran, PhD, RN, GCNS-BC, FGSA National Alliance for Caregiving <u>Case Study</u>: Kay Jernigan RN, BSN Infirmery Cancer Care, Infirmery Health</p>
October 12	<i>Integrating the Family Voice in Palliative Care</i>	<p><u>Didactic</u>: Cardinale Smith, MD, PhD Icahn School of Medicine, Mount Sinai <u>Case Study</u>: Jimmie Wells, MSN, RN, OCN St. Dominic Jackson Memorial Hospital</p>
November 6	<i>Practicing Cultural Humility While Providing Support</i>	<p><u>Didactic</u>: Katrina Ellis, PhD, MPH, MSW University of Michigan <u>Case Study</u>: Jasmine Nicole Jackson Spearman, NP Our Lady of the Lake Regional Medical Center</p>

Learning >>> Action

- ➔ **Develop a tangible resource** that integrates knowledge learned from the ECHO
- ➔ **Create and disseminate content** on health equity and caregiving that is included in the new hire onboarding process and/or in yearly Diversity, Equity & Inclusion trainings
- ➔ **Integrate culturally sensitive practices** across all clinical exchanges with caregivers
- ➔ **Ongoing presence** of health equity and caregiving updates to your hospital's Cancer Committee and/or Grand Rounds
- ➔ **Identify local support services and resources** for African American/Black caregivers for navigators and/or other support staff to refer to

Caregiver Resource Guide


cancer.org/caregiverguide



Cancer Caregiving



Cancer Treatment



Caregiver Self-Care




Patient Nutrition




Communication



Coping



Cancer Information



Caregiver Resources

Caregiver Support Video Series

cancer.org/caregivervideos

cancer.org/videoseriecuidadores



embracing carers

CAREGIVER SELF-CARE

- Healthy Eating
- Physical Activity
- Stress Management
- Fear of Recurrence
- Relaxation

PHYSICAL CARE TRAINING

- Drain Care
- Pain Management
- Management of Side Effects
- Medication Management
- Signs of Infection
- Lifting

ADVOCACY

- Communication with the cancer care team

Personal Stories

- 3 caregivers share details of their care experiences

425k

Total views as of Nov 1

55%

Spanish

ECHO Participation Post-Session Survey

Health Equity & Caregiving ECHO
Session 6 Survey



Slides, Recordings, and Resources will be made available within one week on the

[ACS ECHO Website.](http://www.echo.cancer.org)

www.echo.cancer.org



Thank You



Survey QR Code