

# Health Equity & Caregiving: Meeting the Needs of African American/Black Caregivers ECHO

## Post Session Resources



This document compiles some of the key resources mentioned during **Session 4 of Health Equity & Caregiving: Meeting the Needs of African American/Black Caregivers ECHO**. To review all publications, articles, or commentaries mentioned, we recommend reviewing the presentation recording and PowerPoint presentation. All slides and recordings can be found [here](#).

### Session Resources:

- ✓ **Case Study** – Please find the Case Study link on page 11 within the Welcome Guide. The case study form has guided questions to help the ECHO Office accurately capture relevant information for your presentation slide. Questions? Please feel free to email, [echo@cancer.org](mailto:echo@cancer.org) and/or your ACS Representative. Welcome Guide [Link](#)
- ✓ **Post Session Survey**: If you missed the post session survey, please follow the link to complete at your earliest convenience. Your confidential feedback is essential for improvement and expansion of this important ECHO program. [Survey Link](#)
- ✓ **Session 5** – please follow the link to register for session 5, Integrating the Family Voice in Palliative Care, Thursday, October 12, 2023, starting at 11:30 AM CST/12:30 AM CST. [Link](#)

### Highlights of Presentation Resources:

- ✓ American Cancer Society Caregivers and Family – [Link](#)
- ✓ American Cancer Society Cancer Statistics Center – [Link](#)
- ✓ American Cancer Society Cancer Prevention & Early Detection Facts & Figures – [Link](#)
- ✓ American Cancer Society Cancer Facts & Figures for African American/Black People – [Link](#)

### Didactic Bibliography & Resource

Session 4 – Monday, September 11, 2023

**Didactic Presenter:** [Fawn Cothran, PhD, RN, GCNS-BC, FGSA](#), Hunt Research Director at the National Alliance for Caregiving. She is a nurse scientist, and a board-certified gerontological clinical nurse specialist with over 15 years of experience in caregiver research. As research director, she helps elevate the role of family caregivers by strategically developing and guiding NAC initiatives, including the landmark Caregiving in the US report. She also leads a national, multi-sector, and multi-disciplinary network of caregiving experts across lifespan and condition.

**Didactic Topic:** Mental Health & Caregiving

#### Resources:

- ✓ The National Alliance for Caregiving: [Caregiving in the US 2020 | The National Alliance for Caregiving](#):
- ✓ Distress thermometer: [https://www.nccn.org/docs/default-source/patient-resources/nccn\\_distress\\_thermometer.pdf](https://www.nccn.org/docs/default-source/patient-resources/nccn_distress_thermometer.pdf)
  - Clinical Practice Use: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6750919/>
  - Use w/ Caregivers: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4216636/>
- ✓ Preparedness for Caregiving Scale: [https://hign.org/sites/default/files/2020-06/Try\\_This\\_General\\_Assessment\\_28.pdf](https://hign.org/sites/default/files/2020-06/Try_This_General_Assessment_28.pdf)
- ✓ CG Self-Assessment: <https://www.healthinaging.org/sites/default/files/media/pdf/Caregiver-Self-Assessment-Questionnaire.pdf>
- ✓ SDOH screening AAFP <https://www.aafp.org/family-physician/patient-care/the-everyone-project/toolkit/assessment.html>

- ✓ **National Strategy:** [https://acl.gov/sites/default/files/RAISE\\_SGRG/NatlStrategyToSupportFamilyCaregivers.pdf](https://acl.gov/sites/default/files/RAISE_SGRG/NatlStrategyToSupportFamilyCaregivers.pdf)
- ✓ **CG in the US:** <https://www.caregiving.org/wp-content/uploads/2021/01/full-report-caregiving-in-the-united-states-01-21.pdf>
- ✓ **Caregiving in a Diverse America:** [https://www.caregiving.org/wp-content/uploads/2021/11/NAC\\_AmgenDiverseCaregiversReport\\_FinalDigital-111821.pdf](https://www.caregiving.org/wp-content/uploads/2021/11/NAC_AmgenDiverseCaregiversReport_FinalDigital-111821.pdf)
- ✓ **CDC Behavioral Risk Factor Surveillance System (BRFSS):** this resource does ask nine (9) caregiver questions and they do report data by state although not consistently because it is an optional data module (Module 19 in 2021, Module 14 in 2022).
- ✓ **National Survey of Caregiving** (NSOC)